

# RICHMOND

## 9:00am – 3:30PM

### SOCCER/SWIM COMBO CAMP SCHEDULE

9:00 AM – 10:00 AM: Welcome Hour

10:00 AM – 1:00 PM: Soccer Camp (outdoor)

11:30 AM – 1:30 PM: Transition, Lunch & Other Activities

2:00 PM – 3:30 PM: Swim Camp

Please arrive 10 minutes early on the first day to check in.

#### Drop-off

- Drop off will be in the lobby through the front doors at the Pedalheads reception desk.

#### Pickup

- Please pick up your child directly from the pool.
- Parents/guardians will be responsible for changing campers at pick up. Campers will be out of the water at 3:20 PM.
- Please be prepared with your order confirmation number – this is how we will sign you out.
- Please collect your child and belongings from the pool deck before leaving,

# WHAT TO BRING

1. Bathing suit and towel.
2. Closed toed shoes – running or athletic shoes are best.
3. Comfortable clothes for a day of being physically active.
4. Weather-appropriate clothing – rain gear, sweaters, etc.
5. Sunscreen and mosquito repellent. Sunscreen will be applied before soccer camp.
6. Any required medication, such as Epi-pen or puffers.
7. One labelled backpack to hold all your child's belongings.
8. A nut-free snack and lunch.
9. Water bottle.
10. Wet bag for swimsuit and towel (optional).
11. Goggles (optional).
12. Swim cap (optional).

CAN'T FIND WHAT YOU'RE LOOKING FOR?  
GET IN TOUCH



## PEDALHEADS OFFICE HOURS

Toll free: 1.888.886.6464 Monday to Friday

Office: 604.874.6464 9am to 5pm PST/PDT

Email: [info@pedalheads.com](mailto:info@pedalheads.com) [pedalheads.com](http://pedalheads.com)