The Bishop Strachan School

Bike/swim combo camp schedule

Bishop Strachan School

298 Lonsdale Road Toronto, M4V 1X2 Please take a look at your confirmation e-mail to find your child's combo camp schedule. This will determine the drop off and pick up area and procedures.

To find your schedule:

- •Open your e-mail confirmation
- •Look under your child's registration
- •Locate the "Time" & "Combo Camp" subheadings

Once you have identified your time slot, please refer to one of the two options on the next page for your schedule for the week.



COMBO CAMP: BIKE AM, SWIM PM

9:00 AM – 12:00 PM Drop off: The Bishop Strachan School, tennis courts off Warren Rd

- Check in onsite at the Pedalheads tent
- Please apply sunscreen prior to camp (weather dependent)
- We recommend attending with two backpacks, one for the bike portion, and the other for the swim portion

12:00 PM - 2:00 PM: Transition, Lunch, & Other Activities

2:00 PM – 4:00 PM: Swim Camp Pickup: The Bishop Strachan School, tennis courts off Warren Rd

- Please pick up your child from the bike site, where you dropped them off.
- Please be prepared with your order confirmation number this is how we will sign you out.
- Please collect your child and belongings including bike and helmet before leaving.

COMBO CAMP: SWIM AM, BIKE PM

Please allow yourself extra time for check in at our bike location and drop off at swim

9:00 AM – 11:00 AM: Swim Camp Drop-off: Check in at the tennis courts (off Warren Rd), then proceed to pool for drop-off

- Please have your child arrive in their swim gear, ready to swim.
- Check in onsite, you will be instructed where to store your bike and backpack for bike camp.
- Pedalheads staff will walk the swimmers to the pool

11:00 AM – 1:00 PM: Transition, Lunch, & Other Activities

1:00 PM – 4:00 PM: Bike Camp Pickup: Tennis courts, off Warren Rd

- Please be prepared with your order confirmation number this is how we will sign you out.
- Collect your child, bike, helmet and belongings before you exit the camp area.

PEDALHEADS

Additional Important Information

Please arrive 10 minutes early on the first day to check in.

Facility Requirements:

- All participants must sign a <u>liability waiver</u> before the start of lessons. We require I waiver per participant per year
- 2. Swim caps are required in the pool for all swimmers aged 3 years and older. Please bring your own swim cap. If you do not have one, caps will be available on site to purchase while quantities last.
- 3. All visitors need to sign in and out at the front desk each visit.
- 4. All visitors are required to comply with applicable Public Health Ontario and school policies.

Additional Important Information

Please arrive 10 minutes early on the first day to check in.

Don't forget to bring:

- 1. A bicycle and a bike helmet
- 2. Appropriate footwear and clothing for cycling
- 3. Swim cap (required)
- 4. One labelled backpack for biking with a nut-free snack, lunch, water bottle and optional weather dependent items such as mosquito repellant, rain gear and/or sunscreen and a change of clothes in the case of rain
- 5. One labelled bad for swimming with a bathing suit, towel, indoor pool shoes with clean soles, and optional items such as goggles and/or swim cap
- 6. Wet bag for bathing suit and towel after swim camp (optional)

Parking:

Drop off and pickup is available in the roundabout off Lonsdale Rd and street parking is free. Please do not park in the drive through area along Warren Rd, this area needs to remain clear for fire routes.

Please give yourself extra time before the first day of camp to locate our facility and find parking.

Can't find what you're looking for? Get in touch



PEDALHEADS OFFICE HOURS

Toll free: 1.888.886.6464 Monday to Friday

Office: 604.874.6464 9am to 5pm PST/PDT

Email: info@pedalheads.com pedalheads.com

