



COQUITLAM PEDALHEADS TRAIL – COMO LAKE

Drop Off and Pick Up Schedule

Please arrive up to 10 minutes early every day. Due to the nature of this program, classes head into the trails promptly at the start of class to enjoy their planned ride.

Days 1-3 (Trail 1 & 2)

Mundy Park East parking lot (626 Mariner Way, Coquitlam)

For directions to this location, click [HERE](#)

Day 4

Trail 1: Mundy Park East parking lot (626 Mariner Way, Coquitlam)

For directions to this location, click [HERE](#)

Trail 2: Heritage Woods Secondary School – south parking lot (1300 David Ave, Port Moody)

For directions to this location, click [HERE](#)

Day 5 (Trail 1 & 2)

Heritage Woods Secondary School – south parking lot (1300 David Ave, Port Moody)

For directions to this location, click [HERE](#)

Rides take place at Mundy Park and Bert Flinn Park. Routes include the Perimeter Trail, Waterline Trail, Ninitat Trail, Interlaken Trail to Mundy Bike Skills Park, Mundy Park community Path, Owl Trail, Lakeside look trail, and Riverside Forest trails, Bert Flinn Loop Trail, Black Dog Trail. Routes will vary depending on the skills of the children.