



NORTH VANCOUVER PEDALHEADS TRAIL 3 + 4 – KILMER PARK/MT FROMME DROP OFF AND PICK UP SCHEDULE

Day 1

Kilmer Park – Parking lot (1700 Dempsey Road, North Vancouver)

For directions to this location, click [HERE](#)

Days 2-5

Mount Fromme Parking lot – by the water towers (4757 Mountain Hwy, North Vancouver)

For directions to this location, click [HERE](#)

**Rides take place around Kilmer Park and in the Mt Fromme area.
Routes will vary depending on the skills of the children.**